

PROGRESSIVE MENTORING IN PRIMARY SCHOOLS

Every Child's Journey Deserves Direction

Progress is not always linear. Some children need time, space, and the right environment to move forward.

Progressive Mentoring provides structured, activity-based support for children who need a different starting point. Sessions build confidence, emotional regulation, self-awareness, positive behaviour, resilience, and engagement with learning.

WHO IS IT FOR?

Children struggling with SEMH needs | Displaying behaviour or emotional regulation difficulties | Experiencing low confidence or withdrawal | At risk of disengagement or exclusion | On SEN Support or with an EHCP | Needing early, targeted intervention

Delivery is 1:1 mentoring or Small group mentoring (1:3 ratio)

OUR APPROACH

Tailored, Child-Centred Support

Each child receives a personalised programme aligned to their needs, strengths and school priorities, supported by clear goals and regular review.

Activity-Based & Relational

We use physical activity and movement to support regulation, engagement and confidence, alongside mentoring and emotional coaching.

Outcome-Driven

Clear outcomes are agreed from the start, with progress tracked through simple, meaningful evidence that schools can use for reviews and inspections.

THE FOUR PILLARS FRAMEWORK

Every session is built around our Four Pillars:

Move

Regulation, routines and physical readiness

Think

Focus, problem-solving and readiness to learn

Feel

Emotional literacy, confidence and self-regulation

Belong

Relationships, trust and connection to school

Children follow a simple cycle: Learn It → Live It → Show It, supported by a Pillars Passport to reflect on progress and celebrate success.

FREE TASTER SESSIONS

Available upon request.
Find out how we can support.

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